

Louisiana and Mississippi. Organized by McLean's Public Affairs Office, the weeklong drive was part of Boston Mayor Thomas Menino's "Bundles from Boston" campaign, and collected a variety of items, from basic toiletries to complete outfits, as well as more than 100 books.

Research studies top Harvard list

Readers of the *Harvard Gazette* and staff of the Harvard News Office ranked two McLean research studies among the top 20 most-read scientific findings in 2005.

Scott Lukas, PhD, director of McLean's Behavioral Pharmacology Research Laboratory, and David Lee, PhD, director of the Bio-Organics and Natural Products Laboratory, led a team of researchers who reported in the journal *Alcoholism: Clinical and Experimental Research* that the Chinese herb kudzu appears to be an effective treatment for managing

excessive alcohol consumption, particularly binge drinking. The study gained extraordinary press coverage, appearing in more than 8,000 media outlets worldwide.

A team of McLean Hospital researchers led by William Carlezon, PhD, director of the Behavioral Genetics Laboratory, reported in the journal *Biological Psychiatry* that omega-3 fatty acids and uridine, two naturally occurring substances in many foods, including fish, walnuts, molasses and sugar beets, prevented the development of signs of depression in rats as effectively as antidepressant drugs. The study resulted in extensive media coverage, including CNN, CBS News, *Newsweek*, Yahoo News, *The Sunday Times* (London) and a number of other national and international media outlets.

Vision of Excellence Award Recipients

McLean Hospital's Vision of Excellence Award is an opportunity for the hospital community to show its appreciation for employees who contribute to the overall excellence of McLean. The six individuals selected in 2005 exemplify McLean's commitment to superior patient care, research and teaching.



Franca Centorrino, MD
SCHIZOPHRENIA AND BIPOLAR
DISORDER PROGRAM
December 2004/January 2005



Maryanne Betts
MCLEAN SOUTHEAST
February/March 2005



Francine Benes, MD, PhD
PROGRAM IN STRUCTURAL AND
MOLECULAR NEUROSCIENCE
April/May 2005



Mary Castellana
RESEARCH ADMINISTRATION
June/July 2005



Judy Johnson
NEUROLOGY DEPARTMENT
August/September 2005



Wendy Currie
CLINICAL EVALUATION CENTER
October/November 2005