

RESIDENCY ALUMNI ASSOCIATION NEWS



A T M C L E A N H O S P I T A L



Bruce Cohen, MD, PhD ('78)

IN THIS ISSUE:

**Announcement of
New McLean President**

Update on Residency Training

The Pavilion Enters 'Latency'

Antipsychotic Polytherapy

A TRIBUTE TO BRUCE COHEN, MD, PhD ('78)

We at McLean are in the midst of a leadership transition as this second issue of *Alumni News* is going to press. After more than eight years, Bruce Cohen, MD, PhD, is moving from his post as president and psychiatrist in chief of McLean Hospital. As a clinician, researcher, teacher and administrator, Dr. Cohen is known to most of our alumni and current staff as the man who has led the hospital out of an extremely trying fiscal era into an era of prosperity, productivity and hope for the future of clinical care, research and teaching.

Dr. Cohen, who came to McLean as a resident in 1975, has dedicated his career to McLean Hospital, its patients and staff. After completing his residency, he became a prominent researcher and expert clinician, particularly in the areas of bipolar disorder and schizophrenia. Some alumni (in the mid-1990s) came to know him as their residency director. He was awarded the Philip Isenberg Prize for excellence in teaching from the Class of 1998 graduating residents. As president and psychiatrist in chief, he has shown exceptional leadership. He has worked hard to further the understanding of debilitating psychotic illnesses and spent countless hours grooming tomorrow's leaders in psychiatry and neuroscience. He has seen the hospital through trying financial times, while fortifying its future through increased donor support and research funding. As many alumni on the current staff of McLean will tell you, he has also fostered an unusually collaborative work environment at McLean that has led the hospital to flourish during his tenure.

"Bruce Cohen has set the framework for how an organization can successfully balance the mission elements of clinical care, teaching and research. This is a tremendous accomplishment in very challenging times," said Michele Gougeon, executive vice president and chief operating officer.

During his position at the helm of McLean, he helped establish more than 35 new clinical programs, including The Pavilion, Waverley Place, the Klarman Eating Disorders Center, the Community Reintegration Program and the Developmental Disabilities Program. In response to a dearth of psychiatric resources in central and southeastern Massachusetts, Dr. Cohen spearheaded the establishment of McLean's satellite programs, McLean at Naukeag and McLean SouthEast. Today, McLean treats more patients each year than ever before in its history.

"Bruce Cohen's outstanding vision for the future of McLean allowed the hospital to establish an important and growing presence in the community," said Philip Levendusky, PhD, vice president for Network Development.

Dr. Cohen also saw the hospital's research programs prosper. He oversaw the expansion of the Mailman Research Center, the establishment of 15 new laboratories and the \$10-million expansion of the Brain Imaging Center. During his tenure, research revenues grew from \$18.5 million to \$49 million.

"Without Bruce Cohen's vision and strong commitment to the research mission at McLean, such an extraordinary growth would have been impossible," noted Peter Paskevich, vice president for Research Administration.

Dr. Cohen's love for McLean and the staff who make it such a fine institution was evident in his frequent visits to the clinical units and research labs. He also believed in tangibly thanking the hospital's employees for their dedication. On becoming president, he reinstated annual pay increases for employees that had been frozen for several years; in 2001, he re-established Patriots Day as a paid McLean holiday; and in 2005, he ensured that all McLean employees would receive holiday bonuses.

For his dedicated service to McLean Hospital, Dr. Cohen was recently honored with the December/January Vision of Excellence Award. "Dr. Cohen has provided extraordinary leadership to the hospital for many years," wrote Sherry Winternitz, MD, clinical director of the Dissociative Disorders and Trauma Program, in nominating Dr. Cohen for the award. "I have never worked for a more honorable man. He is a pleasure to work with. I can think of no one more deserving of this award."

"As the first of our alumni to rise to ultimately lead McLean, we are extremely proud of Bruce Cohen and wish him well in his new role," said Michael Murphy, MD, ('98), chairperson of the McLean Hospital Residency Alumni Association.

It is our hope that Dr. Cohen's leadership will be felt at McLean for many years to come, as he will be directing the Shervert H. Frazier Research Institute and continuing on in his positions as director of the Stanley Research Center and director of the Molecular Pharmacology Laboratory at McLean.



Jack Gorman, MD

JACK GORMAN NAMED NEW PRESIDENT AND PSYCHIATRIST IN CHIEF OF MCLEAN HOSPITAL, CHAIR OF PARTNERS PSYCHIATRY

In October 2005, James J. Mongan, MD, president and CEO of Partners HealthCare, announced that Jack Gorman, MD, had accepted the positions of president and psychiatrist in chief of McLean Hospital and chair of Partners Psychiatry and Mental Health (PPMH). Dr. Gorman is an outstanding choice who comes to McLean with a distinguished background in academic psychiatry and hospital administration, and a keen appreciation of McLean's rich history and culture.

Dr. Gorman's long and distinguished career in psychiatry spans nearly three decades. He was the Esther and Joseph Klingenstein Professor of Psychiatry and a professor of neuroscience at the Mount Sinai School of Medicine in New York City. Previously, at Columbia University, Dr. Gorman was vice chair for psychiatric research, the Lieber Professor in Psychiatry and director of the Mental Health Clinical Research Center of the New York State Psychiatric Institute.

Dr. Gorman is a noted researcher in anxiety disorders, depression and schizophrenia, who has authored nearly 300 research articles in peer-reviewed journals. He is a fellow of the American College of Neuropsychopharmacology, a past president of the American Psychopathological Society, the chair of the World Council on Anxiety and editor of *CNS Spectrums*. From 1994 until 2004, he served as deputy editor for the *American Journal of Psychiatry*. Dr. Gorman currently serves on the editorial boards of the *Journal of Practical Psychiatry and Behavioral Health*, *Journal of Clinical Psychiatry*, *Psychopharmacology Bulletin*, *Biological Psychiatry*, *Neuropsychopharmacology*, *Brazilian Journal of Medical Biological Research*, *American Journal of Psychiatry*, *Primary Psychiatry and Anxiety*. He is also a grant reviewer for the National Institute of Mental Health and the National Institute of Alcohol Abuse and Alcoholism.

Dr. Gorman earned his bachelor of arts degree *summa cum laude* from the University of Pennsylvania and received his medical degree from the Columbia University College of Physicians and Surgeons. He interned in pediatrics at Babies Hospital in New York City and completed a residency in psychiatry at the New York State Psychiatric Institute at Columbia-Presbyterian Medical Center, serving as chief resident from 1980 to 1981. He also completed a fellowship in psychiatric research and psychopharmacology at Columbia University.

As head of McLean, Dr. Gorman will lead the largest psychiatric clinical care, research and teaching institution of Harvard Medical School. As chair of Partners Psychiatry and Mental Health, he will provide strategic leadership to ensure the quality, integration, growth and financial health of psychiatric programs at McLean and across the entire Partners HealthCare system.

In his McLean role, Dr. Gorman replaces Bruce Cohen, MD, PhD, who has served as McLean's president for the past eight years. Dr. Cohen will continue to play an important role at McLean as director of the Shervert Frazier Research Institute. He will also continue to serve as director of the Stanley Research Center and the Molecular Pharmacology Laboratory, both key research divisions within McLean.

In his role as chair of Partners Psychiatry and Mental Health, Dr. Gorman replaces Gary Gottlieb, MD, president of Brigham and Women's Hospital (BWH), who will now concentrate his efforts full-time on leading BWH.

We welcome Dr. Gorman.

UPDATE ON RESIDENCY TRAINING

David H. Brendel, MD, PhD ('01)

Associate Training Director, MGH/McLean Adult Psychiatry Residency Training Program

In March 2005, 16 highly accomplished fourth-year medical students from near and far matched into the MGH/McLean Adult Psychiatry Residency Training Program. They constitute the class of 2009, the tenth cohort of residents to train in the MGH/McLean combined program. Under the directorship of Kathy Sanders, MD, since 2001, the program has thrived and continues to train psychiatric clinicians and scholars to lead the field into the 21st century. Felicia Smith, MD, (a consultation-liaison psychiatrist at MGH) and I had the good fortune to join the program last year as associate training directors.

The class of 2009 is the second group of MGH/McLean residents to enter a fully integrated, four-year program that provides a PGY1 internship followed by the usual three years of residency. Ten PGY1s complete six months of medicine at Newton-Wellesley Hospital and four complete this training at MGH. Since the Newton-Wellesley and MGH medicine departments have combined, these 14 MGH/McLean residents work with the same outstanding medicine house staff and faculty at these Partners institutions. The other two MGH/McLean residents spend eight months on the MGH pediatrics service on their way to completing a five-year program in both adult and child/adolescent psychiatry. During PGY1, all 16 residents complete two months of neurology and rotate on some psychiatric services, including the geriatrics and substance abuse units at McLean.

Other recent changes and improvements to the MGH/McLean program include the introduction of a CBT-oriented rotation for PGY2s in the Behavioral Health Partial Program at McLean and the development of a two-month selective program at McLean for PGY3s, who can choose rotations that focus on eating disorders, OCD, developmental disabilities, neuropsychological testing and other specialty areas. At the beginning of PGY2, residents are assigned a primary supervisor who oversees their outpatient work throughout their residency and provides longitudinal mentorship. Residents also choose a training mentor who helps to facilitate their professional development. Since residents complete most core requirements by the end of PGY3, they have the opportunity to design a PGY4 year that meets their individual needs. Many choose to serve as chief residents on key clinical services, where they hone their clinical, administrative and teaching skills. Many also conduct research and complete projects that advance the understanding of psychiatry. These experiences position graduates to assume future leadership roles in all areas of psychiatry, which remains the primary mission of the MGH/McLean residency as it welcomes its tenth class.



David Brendel, MD, PhD ('01)

NEW RESIDENTS BEGIN THEIR TRAINING AT MCLEAN

On July 1, 2005, 16 residents in the Massachusetts General Hospital/McLean Hospital Adult Psychiatry Residency Training Program embarked on a new chapter of their education as they began their training at McLean.

Pictured top row, left to right:

Sherry Nykiel, MD, University of California at Davis; David Abramson, MD, New York Medical College; Paolo Cassano, MD, PhD, Universita Di Pisa; Daniel Zimmerman, MD, Cornell University Medical College; Curtis Wittman, MD, Washington University School of Medicine and Niels Rosenquist, MD, PhD, University of Pennsylvania Medical School.

Middle row, left to right:

Huaiyu Yang, MD, MPA, West China University School of Medical Sciences; Shirin Ali, MD, University of Virginia Medical School; Amy Yule, MD, UCLA David Geffen School of Medicine and Elizabeth Scardino Booma, MD, Cornell University Medical College.

Bottom row, left to right:

Linda Kim, MD, Tufts University School of Medicine; Andrea Pliakas, MD, University of Vermont College of Medicine; Ann Shinn, MD, MPH, University of California San Francisco; Margot Albeck, MD, Harvard Medical School; Tristan Gorrindo, MD, Vanderbilt University School of Medicine and Brian Palmer, MD, MPH, Mayo Medical School.





Alexander Vuckovic, MD ('85)

Unlike many of his classmates, Alex Vuckovic, MD, arrived at Harvard Medical School in 1977 already knowing what kind of doctor he wanted to be. Having grown up seeing first-hand the effects of depression on his mother, Dr. Vuckovic felt strongly that he wanted to help similarly affected people by studying psychiatry; initially, he believed his calling might be in psychiatric research.

"My idea was of course to go out and cure everything and take it from there," Dr. Vuckovic says. In 1979, as a second-year medical student enrolled in the Harvard/MIT Health Sciences and Technology Program, Dr. Vuckovic received an early opportunity to conduct research for his thesis in the laboratory of McLean Hospital Psychiatrist in Chief Emeritus, Bruce Cohen, MD, PhD. The project "didn't revolutionize psychiatry," Dr. Vuckovic says, but it was a fun learning experience. As a resident at McLean from 1981 to 1985, Dr. Vuckovic conducted research on neuroleptic dosages and anti-depressant treatment but slowly found himself segueing into a career focused on practicing clinical psychiatry and psychopharmacology. He spent most of his time running inpatient units of the bipolar and psychotic disorders program along with Joseph Lipiniski, MD; Bruce Cohen, MD, PhD ('78); Harrison "Skip" Pope, MD ('77) and Ross Baldessarini, MD. He also began lecturing on psychopharmacology to second-, third- and fourth-year Harvard Medical students. After completing his residency, Dr. Vuckovic stayed on as a psychiatrist in charge of the Bipolar and Psychotic Disorders Unit at McLean, adding to his responsibilities the supervision of residents.

When Dr. Vuckovic became medical director of The Pavilion in 1999, after spending 14 years running the larger, more traditional units at McLean, he says he was struck by the contrast in the atmosphere. "You find a unique motivation on the part of both clinician and patient when you're both there for the same purpose," he says. "There's something liberating about the open-door policy that allows people to see they're here as a choice. I think that's a very powerful part of why we're able to do good work."

THE PAVILION ENTERS 'LATENCY'

Alexander Vuckovic, MD ('85)
Medical Director, The Pavilion at McLean Hospital
Clinical Assistant Professor of Psychiatry, Harvard Medical School

Wyman House holds a special place in the history of McLean Hospital. It is the only McLean building reputed to house ghosts and over the course of the last century, it has been utilized in every capacity conceivable, from an inpatient unit, to an office building, to an extended pattern of disuse. In the fall of 1999, a pilot program based in Wyman House opened its doors. It was a modest three-bedroom, residential evaluation facility with the equally modest mission of providing state-of-the-art diagnosis and treatment to the sickest, most treatment-resistant patients, utilizing a private pay model. Six years later, The Pavilion is a robust eight-bed unit of which I am honored and pleased to remain as medical director, working with David Brendel, MD, PhD ('81), as assistant medical director, and heading an interdisciplinary treatment team of social workers, administrators, nurses, mental health specialists and the irreplaceable Joyce Quigley, who is the voice of the unit to those calling for the first time. Mark Robart, LICSW, director of Partial Hospital and Residential Services, is responsible for The Pavilion administrative matters; Joan Zabarsky, RNCS, is our capable program director; and Andrea O'Rourke, LICSW, is senior case manager. Peter Choras, MD ('61), and Trude Kleinschmidt, MD ('88), act as attending psychiatrists, and a wide variety of McLean-affiliated clinicians have

acted as staff attendings throughout those six years. In that time, we have evaluated more than 400 patients. Outcomes assessments of the unit's quality have consistently been superior and provided us with a great deal of pride in our "work product."

Patients coming through The Pavilion may return back to their homes if they do not live in the area. Many of them, however, remain connected to McLean and its clinicians as well as its outpatient and residential programs. Because of the thoroughness of the multi-disciplinary evaluation, we have managed to enhance patient outcomes through the use of synergistic treatment modalities, as well as on occasion, uncovering remarkable concurrent diagnoses. These have included at least one diagnosis of late onset Tay-Sachs disease in a 19-year-old man, as well as a cerebral aneurysm, which was subsequently successfully resected in a gentleman in his 50s. We have additionally noted and are in the process of systematically studying the phenomenon of verbal-performance IQ splits in the affectively ill patients whom we have treated at The Pavilion. The significance of this co-morbid, non-verbal learning disability is being actively explored. Patients have come from all walks of life and they have hailed from five continents. We look forward to the next six years and, one suspects, many more beyond that.



COMBINING ANTIPSYCHOTICS WITH OTHER ANTIPSYCHOTICS OR MOOD STABILIZERS

*Franca Centorrino, MD (Psychopharmacology Fellow 1992; Neuroscience Fellow 1994)
Director, Schizophrenia & Bipolar Disorder Clinic at McLean Hospital
Assistant Professor of Psychiatry, Harvard Medical School*

Antipsychotic polytherapy, or concurrent treatment with two or more antipsychotic agents, is well-documented as a common practice, occurring among 11 to 41 percent of antipsychotic-treated patients. At McLean Hospital, such co-therapy increased modestly among inpatient samples from 2002 (80/344; 23 percent) to 2004 (93/305; 30 percent). Despite its prevalence, the clinical rationale for its use is poorly understood. Among a 2002 sample of McLean inpatients, such co-treatments were associated with higher ratings of positive psychotic symptoms among bipolar and schizoaffective patients, and with greater ratings of excitement among patients with schizophrenia. Specifically, increased excitation and potential dangerous or uncontrolled behavior among particularly psychotic patients may promote treatment with multiple agents.

More common than antipsychotic combinations are combinations of antipsychotics with mood stabilizers. In a 2002 sample of antipsychotic-treated inpatients at McLean Hospital, 219/344 (64 percent) received concomitant treatment with a mood stabilizer. Interestingly, approximately half of patients receiving combination treatment with mood stabilizers and antipsychotics did not have a primary major affective diagnosis; one-quarter of the patients treated had a primary psychotic disorder and an additional 22 percent had other conditions, such as dementia or substance abuse. In 2004, mood stabilizers continued to be given to a majority of patients receiving treatment with an antipsychotic agent.

At McLean Hospital, inpatients receiving antipsychotics in combination with other antipsychotics or mood stabilizers have significantly longer hospitalizations than those receiving antipsychotic monotherapy. Patients treated with two or more antipsychotic agents have twice-greater total daily discharge doses of antipsychotics compared to patients given antipsychotic monotherapy. Discharge doses of antipsychotics are also 41 percent higher among patients given combinations of antipsychotics with mood stabilizers versus patients treated with antipsychotic monotherapy. Potentially, patients treated with these combinations may have an altogether more severe or treatment-refractory course of illness relative to patients treated with monotherapy during hospitalization. Of note, the number of prescriptions for sedatives and antidepressants does not differ between polytherapy- and monotherapy-treated patients.

As the mean length of hospitalization at McLean Hospital has decreased from 24 days in 1998 to 14 days in 2004, clinicians undoubtedly employ combination therapies as more aggressive treatments aimed to decrease length of stay. Currently, however, the relative effectiveness of these combination treatments versus antipsychotic monotherapies has not been established; randomized, prospective and ideally, dose-controlled trials are needed for such comparisons. In the meantime, until research evidence either favors or disfavors these co-therapies, pressure to minimize costs of inpatient treatment by limiting length of hospitalization may encourage clinicians to continue this practice.



Franca Centorrino, MD ('92, '94)

SAVE THE DATE: AMERICAN PSYCHIATRIC ASSOCIATION

Annual Meeting:	May 20-25, 2006 • Toronto
What:	McLean Residency Alumni Social Event
Where:	CN Tower
Date/Time:	Tuesday, May 23, 2006, 6 pm to 8 pm (announcement via email to alumni)

WELCOME TO ALUMNI NOTES

Where You Can Find Out the Latest on Your Classmates

Brent Forester, MD ('96), Medical Director, Geriatric Neuropsychiatry Unit Director, Mood Disorders Division, McLean Hospital Geriatric Psychiatry Research; Program Instructor of Psychiatry; Harvard Medical School and Eliza Menninger, MD ('91) Psychiatrist in Charge, Behavioral Health Partial Program, are the coordinators of Alumni Notes, which will be published in each newsletter. Updates may be emailed to forestb@mcleanpo.mclean.org or mennine@mcleanpo.mclean.org.

1958

Alan Stone, MD, PhD, remains a full-time professor at Harvard Law School and now also teaches a course, "Theories of Violence," in the Mind/Brain/Behavior Track at Harvard College. This year he was appointed by the World Psychiatric Association to a special task force to investigate allegations of psychiatric abuse of the Falun Gong in mainland China.

1963

Judith Ronat, MD, is currently in private practice (individual and couples therapy) in Kfar Saba, Israel. She writes, "I had a fabulous trip to New Zealand with my son, Ethan, this past winter, and enjoyed trekking the Tongariro Crossing. In June I visited my daughter, Naomi, and her family in Swampscott, Mass. When you fellow alumni come to the exciting Middle East, please do visit!"

1968

Fred Phillips, MD, recently retired from his position as geriatric psychiatrist in the Northern Mission Outpatient Mental Health Clinic in San Francisco. He is currently working as an outpatient psychiatrist in Hawke's Bay, New Zealand, a wine region on the eastern coast of the North Island known for its Art Deco architecture and excellent climate.

1970

Mike Sperber, MD, writes, "I am back at McLean as a psychiatric consultant to the Neuropsychiatry/Behavioral Neurology Service. My book, *Henry David Thoreau: Cycles and Psyche*, was published in 2004 by Higganum Hill Books. I am running a group for patients with Parkinson's disease and would welcome referrals. (My phone number is 978.283.9821.) Finally, I was married a year ago to my college sweetheart."

1974

Steve Gerson, MD, is currently medical director of Beacon Health Strategies, a consultant on psychiatric impairment to several disability insurance companies and a clinical associate in psychiatry at McLean, where he teaches Harvard Medical students. Steve's daughter Meredith recently married and is living in Easton, Mass. Steve's family frequently spends time at their oceanfront cottage near Pemaquid Point, Me.

Lloyd Price, MD, is currently practicing adult, child and adolescent and forensic psychiatry in Concord, Mass. He is always interested in hearing from classmates and colleagues. His e-mail address is LPRICEMD@aol.com.

1981

Richard J. Forde, MD, writes, "I have recently taken a staff psychiatrist position with Napa County (California), having left my position at Napa State Hospital. Since graduating from McLean, I have maintained a career in the public sector. My interest in psychodynamic psychiatry continues to be strong, even though the bulk of my practice involves pharmacotherapy. My partner, David Foushee, and I—we're registered domestic partners under California law—live in the heart of wine country, in the town of Yountville, population about 3,500, home of the Domaine Chandon, the American branch of the French champagne company. I have continued my interest in playing the piano and am now taking piano at the San Francisco Conservatory of Music. Friends may e-mail me at rjforde@earthlink.net."

1983

Anthony Rothschild, MD, was promoted to vice chair for research in the Department of Psychiatry at UMass Medical School in June of 2005.

1984

Peter M. Brigham, MD, writes, "Hi, all. I'm still in the Boston area, doing several things, as usual—the variety keeps me interested. I'm the medical director for the Schiff Day Treatment Program and the North Charles Mental Health Clinic in Central Square, Cambridge, Mass., treating chronically mentally ill patients. I am the psychiatrist for the Wild Acre Inns, a group of halfway houses in the Boston area. I also have a private practice in Brookline, Mass., where I share an office with a colleague and some part-time renters. My specialty has turned out to be bipolar disorder, and I have a web page on the psychopharmacology of bipolar disorder that has attracted some attention (http://home.comcast.net/~pbrig/BP_pharm.html). Overall, I love my current practice mix."

1985

Steven Adelman, MD, is currently the director of Behavioral Health & Addiction Medicine at Harvard Vanguard Medical Associates. He writes, "HVMA, which began life as a staff model HMO called the Harvard Community Health Plan (HCHP), is now a large, profitable (albeit "non-profit") and expanding multi-site, multi-specialty group practice. We have created an even larger non-profit entity called HealthOne, a joint venture involving HVMA and a growing number of large group practices in Massachusetts. In the Behavioral Health/Mental Health/Psychiatry space, we continue to provide traditional outpatient care to some 30,000 individuals and are in the process of creating a new venture that will offer full-fee life and health improvement services that are not covered by insurance to our growing membership (more than half-a-million at the moment)." Steven can be contacted at Steven_Adelman@vmed.org.

1986

Karen Dickson, MD, is a psychopharmacologist and adult psychiatrist practicing in New Brighton, MN, a suburb north of Minneapolis. She was awarded an Exemplary Psychiatrist Award from national NAMI at the May 2005 APA meeting in Atlanta for founding the MPS Correctional Psychiatry Caucus. Recently, she has been serving on the Mental Health Action Group Steering Committee, which conducted a comprehensive review of the mental health system in Minnesota and made recommendations for reform to the Governor and the Department of Human Services. She was also recently appointed to the State Operated Services Governing Board. A major goal of the board is to decide how mental health services will be reconfigured to be more community-based following the closure of all the state hospitals in the next two years. In her spare time, Karen enjoys skiing, bicycling, sailing and playing tennis with her children.

1987

Wanda Lis Sanz, MD, writes, "I am presently doing full-time private practice. Two years ago I bought a small building and I rent part of it out, to help pay the expenses. My two wonderful adolescent kids and my husband are doing very well. We have had a good year (2005) and continue to work hard. I always have very fond memories of my days and training and the people at McLean Hospital. Please say hi to everyone for me!"

1988

Richard Owen, MD, has been the director of the Center for Mental Healthcare and Outcomes Research, a center of excellence funded by the VA's Health Services Research and Development Service since 1999. He is also the research coordinator for the VA's Mental Health Quality Enhancement Research Initiative (QUERI), which focuses on implementing evidence-based practices for schizophrenia and depression, and is a professor in the Department of Psychiatry at the College of Medicine, University of Arkansas for Medical Sciences.

1989

Andrew Compaine, MD, writes, "My spouse, John Dubrow, MD, and I are the proud fathers of a two-year old daughter, Danya Miriam, born with the help of a gestational surrogate on May 30, 2002. This has been the most incredible blessing in our lives! I am home half-time with my daddy duties, and I am working half-time in my private practice in Wellesley, Mass. (predominately as a long-term "existential" and "relational" psychotherapist). Also, on a celebratory note, after 21 years together, John and I were finally able to be legally married (on Danya's second birthday!) by our rabbi in a wedding ceremony in front of a small group of friends and family."

Karen Dineen Wagner, MD, was awarded an honorary doctorate (of science) from the State University of New York in May 2004.

1990

Jennifer Yolles, MD, writes, "I am currently in Syracuse, NY. I was on the full-time faculty at Upstate Medical University for several years; now I'm still teaching on the clinical faculty while spending the bulk of my time in private practice. There is a pressing need for psychiatrists here—especially women psychiatrists—so the circumstances for private practice are pretty favorable. But I still miss Boston. Would be happy to hear from friends and colleagues."

Beth Steinhauer, MD, has been a staff psychiatrist at the University of Chicago Student Counseling and Resource Service for the last 10 years. Beth lives with her kids and Jeremy Marks, PhD, MD, a neo-natologist/neuroscientist also on faculty at University of Chicago, whom she married one month before beginning residency training at McLean in 1987.

1995

Marc Agronin, MD, is director of Mental Health Services at the Miami Jewish Home & Hospital for the Aged and an assistant professor of psychiatry at the University of Miami School of Medicine. Recently, he edited a textbook entitled *Dementia: A Practical Guide*, published by Lippincott Williams & Wilkins in 2003, and, along with Gabe Maletta, MD, PhD, he co-edited a textbook entitled *Principles and Practice of Geriatric Psychiatry*, also by Lippincott Williams & Wilkins. The latter book contains 42 chapters and three appendices, and includes numerous McLean alumni as authors, including Brent Forester, Andrew Stoll, Ash Bharucha, Stuart Anfang and other luminaries, such as Paul Applebaum, Ian McKeith, David Knopman, Helena Chui, Ruth Westheimer, Dilip Jeste, Andrew Kertesz, Gene Cohen and Donald Bliwise.

1996

Ghandis Mazeika, MD, writes, "Linda, I and our two boys, Mantas and Kipras, moved to Seattle in 2000 following the completion of my neurology residency and psychiatry PG-4 year at Duke. I worked for two years as medical director of the Northwest Hospital Geropsychiatry Inpatient Unit, then branched out into sleep disorders, opening Sleep Medicine Northwest (SMNW), a free-standing sleep disorders clinic and laboratory. SMNW celebrated its third anniversary this year. Growth has been solid; we've just opened a second clinic and laboratory and have added a second physician and nurse practitioner to help with the workload. I'd love to hear from any McLean/MGH grads who have an interest in sleep disorders. My email is ggm@sleepnw.com."

Ashok J. Bharucha, MD, writes, "My K23 Career Development Award is about to be funded by the NIA for 5 years." This award will enable Bharucha to study aggression in nursing homes and the use of automated video monitoring to curb this problem.

1997

Ayelet Barkai, MD, writes, "I am very excited that my practice in adult, adolescent and child psychiatry has just moved to Cambridge, Mass. I am still enjoying being on the teaching faculty at the Cambridge Health Alliance training program in child and adolescent psychiatry. My training in psychoanalysis at the Psychoanalytic Institute of New England, East, continues, and I am entering my fourth year there. It has been an incredibly stimulating and deeply enriching experience for me. For the last year I have been working on a research project, mentored by Dr. Stuart Hauser, on the development of curiosity in adolescence. I just returned from the Research Training Program of the International Psychoanalytical Association, at the University College of London, in England."

1998

David Nathan, MD, writes, "We had a little girl, Sophia Dafna, on March 29, 2004. She makes us smile all day. Eli has been a wonderful big brother, with not a trace of jealousy. Karen is a great mom, but I think the kids' good development must come from all the child psych I learned on Codman I."

1999

Chris Palmer, MD, married his fiancé, Joseph Poirier on August 20, 2004. A small ceremony and reception were held at the Robert Treat Paine Estate in Waltham. Chris writes, "Cheers to living in a free country!"

Melissa Myers, MD: "I'm writing to let all of my McLean buddies know that my partner, Margaret, and I are thrilled to welcome our son, Benjamin Daniel, who we adopted at birth on June 12, 2004. We live in Tamworth, NH, where we also own 325 acres of forest in the Sandwich Mountains that we're managing for conservation. I'm the psychiatrist at the local community mental health center, part of Northern New Hampshire Mental Health and Developmental Services. We love living and working in a small rural community in the mountains but are grateful to be close enough to McLean to send the occasional referral your way for consultation. This area (the northern two-thirds of New Hampshire) could sure use a child psychiatrist—any takers? My email address is mmyers@nnhmds.org. Warm greetings to all of my McLean buddies. Keep in touch!"

2002

Lisa Price, MD, writes, "After completing both my adult and child psychiatry training at MGH/McLean, I started a private practice in Cambridge, Mass., where I see adults, children and couples. I am involved in psychotherapy research at MGH for couples conceiving through *in vitro* fertilization and their children. For this research, I received the American Academy of Child and Adolescent Psychiatry Presidential Scholar Award. I have also been involved in the Massachusetts Child Psychiatry Access Project, providing child psychiatry consulting services to pediatricians. I am a fifth-year candidate at the Boston Psychoanalytic Society and Institute.

(Correction: In the spring 2004 newsletter, the alumni note attributed to Lisa Price, MD, Class of '02, should have been attributed to Lloyd Price, MD, Class of '74. We apologize for the error.)

APA SOCIAL IN ATLANTA, GA, MAY, 2005

Michael J. Murphy, MD, MPH ('98)

Continuing an annual tradition, McLean hosted a reception during the American Psychiatric Association (APA) annual meeting. The May 2005 event took place at the lovely, historic Magnolia Hall in Piedmont Park in Atlanta. Several residency alumni used the event to catch up on McLean and to hear Alexander Vuckovic, MD ('85), medical director of The Pavilion, speak about "Good Patients, Bad Outcomes," during which he outlined the diagnosis of patients with complex refractory illness. Michael Banov, MD ('93), who runs Northwest Behavioral Medicine, a large private practice in Atlanta, caught up with James Hegarty, MD, MPH ('94), medical director of Summit Behavioral Health Services, in Chambersberg, Penn. Reminiscing about past mentor relationships and catching up on the leadership of McLean were the major topics of conversation. Also in attendance was David Michoulon, MD, a 1998 graduate of the MGH program and director of the Psychopharmacology Clinic at MGH, and several Latin American psychiatrists with whom McLean has made connections through the McLean International Psychiatric Society. The Residency Alumni Association is planning events at upcoming APA meetings. Please mark your calendars and plan to attend the next alumni event at the APA's annual meeting in Toronto on Tuesday, May 23, 2006, from 6 pm to 8 pm at the iconic CN Tower. Details will be sent to alumni via email.



Pictured left to right:
Alexander Vuckovic, MD ('85); James Hegarty, MD, MPH ('94);
Michael Murphy, MD, MPH ('98); Brent Forester, MD ('96)

Those of you who have provided us with your email address may look forward to receiving future editions of *Alumni News* by email. If we don't have your email address, please send it to us at psychiatryalumni@mclean.harvard.edu.

617.855.3656 • psychiatryalumni@mclean.harvard.edu • <http://www.mcleanhospital.org>



Alumni Association
McLean Hospital
115 Mill Street
Belmont, MA 02478

ADDRESS SERVICE REQUESTED

First-Class Mail
U.S. Postage
PAID
N. Reading, MA
Permit No. 7500