

Geriatric Psychiatry in 2008

Tuition Fee: Doctoral Level Professionals\$375
All Others\$275

Dr. Mr. Mrs. Ms.

Full Name _____

_____ Last First MI

Degree _____

Mailing Address _____

_____ Street

City State Zip Code

Daytime Phone _____

Fax Number _____

E-mail Address _____

Method of Payment (Check one below):

Check is enclosed:

Please make your check payable to McLean Hospital

Bill my credit card the tuition fee of (check amount and card type):

\$375 \$275

Visa MasterCard American Express

Credit Card Number _____

Expiration Date _____

Signature _____

Please mail this registration form and your payment to:

McLean Hospital
Dept. of Continuing Education
115 Mill Street
Belmont, MA 02478-9106

OR Fax this form with credit card information to
617.855.2349

You may also register online at:

<http://www.mclean.harvard.edu/ce/>
(this is a secure site)

Registration/Accommodations

Tuition Fee:

Doctoral Level Professionals\$375

Other Mental Health Professionals and Trainees\$275

Three easy ways to register: Mail, Fax, or Online

If paying by check, please make it payable to **McLean Hospital** and mail with the completed registration form to

**McLean Hospital, Department of Continuing Education,
115 Mill Street, Belmont, MA 02478-9106.**

If paying by credit card, you may mail the completed form to the above address, fax the completed registration form to 617.855.2349, or register online at <http://www.mclean.harvard.edu/ce/>.

A confirmation letter will be mailed to you upon receipt of registration.

Refunds

Refund requests must be received by mail or fax one week prior to the course. A \$50 handling fee will be charged for all cancellations. No refunds will be issued after November 7, 2008.

Course Location

**The Hilton Boston Back Bay
40 Dalton Street
Boston, MA 02115**

Directions to the hotel will be sent with registration confirmations.

Accommodations

A limited number of rooms are available at the Hilton Boston Back Bay for a discounted rate of \$239 per night (single or double) until October 14, 2008. Be sure to mention that you are enrolled in this course in order to receive the discounted rate. Please call 800.445.8667 to make reservations.

McLean Hospital Contact Information

Telephone: 617.855.3152
Monday - Friday, 9 am -5 pm (Eastern Time)
E-mail: education@mcleanpo.mclean.org
Online Information and Registration:
<http://www.mclean.harvard.edu/ce>

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Continuing Education

Physicians:

McLean Hospital is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. McLean Hospital designates this educational activity for a maximum of 13.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists:

McLean Hospital is approved by the American Psychological Association to sponsor continuing education for Psychologists. McLean Hospital maintains responsibility for this program and its content. Participants meeting the requirements will receive 13.5 C.E. credits. Please call 617.855.3151 for more information.

Nurses:

This program meets the requirements of the Massachusetts Board of Registration in Nursing (244 CMR 5.00) for 13.5 contact hours of nursing continuing education credit. Advance practice nurses, please note: Educational activities which meet the requirements of the ACCME (such as this activity) count towards 50% of the nursing requirement for ANCC accreditation.

Social Workers:

Continuing Education hours have been applied for. Please call 617.855.3151 for more information.

Nursing Home Administrators:

McLean Hospital's Deemed Status Number is NH-3- 2008. This program meets the requirements for 13.5 continuing education credits.

Licensed Mental Health Counselors:

McLean Hospital is an NBCC Approved Continuing Education Provider (ACEPTM) and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. The hospital's provider number is 6085. This program is approved for 13.5 clock hours of CE credit or 1.35 CEU.

McLean Hospital

Department of Postgraduate and Continuing Education
115 Mill Street, Belmont, MA 02478

Shervert H. Frazier, M.D., Director

Christopher M. Palmer, M.D., Medical Director

William S. Pollack, Ph.D., Director, Psychology Education



McLean Hospital

An Affiliated Teaching Hospital of
Harvard Medical School

Geriatric Psychiatry in 2008

Aging in Health, Aging in Illness



Friday & Saturday
November 14-15, 2008

The Hilton Boston Back Bay
Boston, MA

Course Description

This is a tremendously exciting time in geriatric psychiatry, as new advances and increasing knowledge are leading to improved care and management of patients. Keeping up with all of this information, however, is a daunting challenge, especially for practicing clinicians. It is becoming increasingly important to focus not just on illness, but also on ways to optimize health.

McLean Hospital is pleased to offer Geriatric Psychiatry in 2008. This intensive, two-day course is designed to update participants in numerous aspects of the aging process, both in illness and in health. Recent advances in the understanding and treatment of dementia, late-life psychosis, and mood disorders will be reviewed. A variety of treatment modalities will be covered, including psychopharmacology and psychotherapy. Topics that can enhance healthy aging will also be covered, including exercise, nutrition, sleep habits, sexuality and spirituality. We will also review broad topics of aging, such as healthy aging in our healthcare system, normal cognitive changes, developmental tasks in later life, safety considerations in later life, the medical burden of longevity, and cross cultural aspects of aging.

Our widely acclaimed faculty features internationally renowned speakers as well as clinicians in specialized practices. They will decisively review and synthesize recent advances in an easy-to-understand manner.

Course Objectives

By the end of this program, participants will:

- Better understand how to diagnose and treat mood disorders, dementia, psychosis, and sleep disorders in the elderly.
- Understand normal cognitive changes, some of the challenges of healthy aging in our healthcare system, the medical burden of longevity, cross cultural issues, developmental and personality issues, and safety issues in the elderly.
- Explore ways to enhance healthy aging, including exercise, nutrition, sexuality and spirituality.
- Interact with faculty members through panel discussion sessions.

Program Overview

Day 1: Aging in Health Friday, November 14, 2008

7:30-8:15 am	Registration and Continental Breakfast
8:15-8:30	Opening Remarks James M. Ellison, M.D., M.P.H.
8:30-9:25	Healthy Aging in our Healthcare System Gary L. Gottlieb, M.D., M.B.A.
9:25-10:20	Cognition and Aging Donald A. Davidoff, Ph.D.
10:20-10:35	Break
10:35-11:30	Exercise and Optimal Aging Edward M. Phillips, M.D.
11:30-11:45	Panel: Questions & Answers Morning Speakers
11:45-1:00 pm	Lunch (on your own)
1:00-1:50	Nutrition and Cognitive Health Richard J. Wurtman, M.D.
1:50-2:45	Personality and Developmental Tasks in Later Life Marc E. Agronin, M.D.
2:45-3:00	Break
3:00-3:50	Sleep Health in Late Life Cynthia M. Dorsey, Ph.D.
3:50-4:45	Diagnosis and Treatment of Dementia Brent P. Forester, M.D.
4:45-5:00	Panel: Questions & Answers Afternoon Speakers
5:00-6:00	Networking Reception

Sponsors

This conference is supported in part by unrestricted educational grants-in-aid from Eli Lilly and Company, Forest Pharmaceuticals, Inc., and Takeda Pharmaceuticals America, Inc.

Day 2: Aging in Illness Saturday, November 15, 2008

7:30-8:15 am	Check In and Continental Breakfast
8:15-8:20	Opening Remarks Donald A. Davidoff, Ph.D.
8:20-9:20	Medical Burden of Longevity Robert B. Portney, M.D.
9:20-10:20	Safety Considerations in Later Life: Firearms, Driving & Falls David Hemenway, Ph.D.
10:20-10:35	Break
10:35-11:30	Mood Disorders in Later Life James M. Ellison, M.D., M.P.H.
11:30-11:45	Panel: Questions & Answers Morning Speakers
11:45-1:00 pm	Lunch (on your own)
1:00-1:45	Late Life Psychosis William E. Falk, M.D.
1:45-2:45	Cross-Cultural Aspects of Aging Nhi-Ha Thuy Trinh, M.D.
2:45-3:00	Break
3:00-3:45	Why Can't They Find a Pink Viagra? New Perspectives on Late-Life Sexuality Gina Ogden, Ph.D., L.M.F.T.
3:45-4:30	Spirituality and Aging Carole R. Bohn, M.T.S., Ed.D.
4:30-4:45	Panel: Questions & Answers Afternoon Speakers

Faculty

Course Directors

James M. Ellison, M.D., M.P.H.
Donald A. Davidoff, Ph.D.
Christopher M. Palmer, M.D.

Marc E. Agronin, M.D.

Director of Mental Health Services, *Miami Jewish Home & Hospital for the Aged*
Associate Professor of Psychiatry, *University of Miami Miller School of Medicine*

Carole R. Bohn, M.T.S., Ed.D.,

Executive Director, *The Daniels Institute, Boston University*
Faculty in Counseling Psychology and Religion, *Boston University School of Theology*

Donald A. Davidoff, Ph.D.

Psychologist in Charge, *Special Care Unit, McLean Hospital Neuropsychological and Psychodiagnostic Testing Center, McLean Hospital*
Instructor in Psychology, *Department of Psychiatry, Harvard Medical School*

Cynthia M. Dorsey, Ph.D.

Director of Behavioral Sleep Medicine, *Sleep Health Centers*
Assistant Professor of Psychology, *Department of Psychiatry, Harvard Medical School*

James M. Ellison, M.D., M.P.H.

Clinical Director, *Geriatric Psychiatry Program, McLean Hospital*
Associate Clinical Professor of Psychiatry, *Harvard Medical School*

William E. Falk, M.D.

Director, *Geriatric Neurobehavioral Clinic, Massachusetts General Hospital*
Assistant Professor of Psychiatry, *Harvard Medical School*

Brent P. Forester, M.D.

Medical Director, *Dementia Neuropsychiatry Unit*
Director, *Mood Disorders Division, Geriatric Psychiatry Research Program, McLean Hospital*
Instructor in Psychiatry, *Harvard Medical School*

Gary L. Gottlieb, M.D.

President, *Brigham and Women's Hospital*
Professor of Psychiatry, *Harvard Medical School*

David Hemenway, Ph.D.

Director, *Harvard Injury Control Research Center*
Professor of Health Policy, *Harvard School of Public Health*

Gina Ogden, Ph.D., L.M.F.T.

Associate Professor of Sexology, *Institute for Advanced Study of Human Sexuality*
Independent Researcher, *Cambridge, MA*

Christopher M. Palmer, M.D.

Medical Director, *Department of Postgraduate and Continuing Education, McLean Hospital*
Instructor in Psychiatry, *Harvard Medical School*

Edward M. Phillips, M.D.

Consultant in Psychiatry, *Department of Internal Medicine, McLean Hospital*
Instructor in Physical Medicine and Rehabilitation, *Harvard Medical School*

Robert B. Portney, M.D.

Attending, *Geriatric Psychiatry, McLean Hospital*
Clinical Instructor in Psychiatry, *Harvard Medical School*

Nhi-Ha Thuy Trinh, M.D.

Staff Psychiatrist, *MGH Depression Clinical Research Program*
Medical Director, *North Suffolk Mental Health PACT team*
Instructor in Psychiatry, *Harvard Medical School*

Richard J. Wurtman, M.D.

Cecil H. Green Distinguished Professor, *Massachusetts Institute of Technology*
Faculty, *Department of Brain & Cognitive Sciences, MIT*
Faculty, *Harvard-MIT Division of Health Sciences & Technology*