

## FACULTY

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Princeton, Alcohol and Drug Abuse Treatment  
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Harvard Medical School

### **David Borsook, MD, PhD**

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Radiology; Associate in Psychiatry, Department of  
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Harvard Medical School

### **Kathleen T. Brady, MD, PhD**

Professor and Director, Clinical Neuroscience  
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Research; Director, South Carolina Clinical  
and Translational Research Institute

### **Grace Chang, MD, MPH**

Director, Division of Health Services Research for  
Partners Psychiatry and Mental Health; Director,  
Addictions and Services Research, Department of  
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### **Hilary S. Connery, MD, PhD**

Medical Director, Residential and Ambulatory Services,  
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Hospital; Instructor in Psychiatry, Harvard Medical  
School

### **Shelly F. Greenfield, MD, MPH**

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### **William B. Jaffee, PhD**

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### **John F. Kelly, PhD**

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Harvard Center for Addiction Medicine; Program  
Director, Massachusetts General Hospital Addiction  
Recovery Management Service; Associate Professor of  
Psychology, Harvard Medical School

### **Scott E. Lukas, PhD**

Director, Behavioral Psychopharmacology Research  
Laboratory, Brain Imaging Program; Director, Sleep  
Research Program; Interim Director, NeuroImaging  
Center, McLean Hospital; Professor of Psychiatry  
(Pharmacology), Harvard Medical School

### **Bertha K. Madras, PhD**

Research Associate, Massachusetts General Hospital;  
Professor of Psychobiology, Department of Psychiatry,  
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### **Peter Monti, PhD**

Director of the Center for Alcohol and Addiction  
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### **Lisa M. Najavits, PhD**

Clinical Associate, Cambridge Health Alliance; Clinical  
Psychologist, National Center for PTSD, VA Boston  
Healthcare System; Psychologist, McLean Hospital;  
Professor of Psychiatry, Boston University School of  
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### **Christopher M. Palmer, MD**

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### **Harrison G. Pope Jr., MD**

Chief, Biological Psychiatry Laboratory, McLean  
Hospital; Professor of Psychiatry, Harvard Medical  
School

### **Robert M. Swift, MD, PhD**

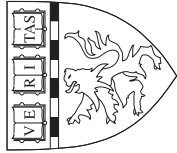
Professor of Psychiatry and Human Behavior, Warren  
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Warren Alpert Medical School at Brown University;  
Associate Chief of Staff for Research, Providence VA  
Medical Center

### **Roger D. Weiss, MD**

Chief, Division of Alcohol and Drug Abuse,  
McLean Hospital; Professor of Psychiatry,  
Harvard Medical School

### **Douglas M. Ziedonis, MD, MPH**

Professor and Chair, Department of Psychiatry,  
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# Addictions in 2010

April 30–May 1, 2010 • Boston, MA



Harvard Medical School Department of Continuing Education



## Addictions *in* 2010

April 30–May 1, 2010

The Renaissance Boston  
Waterfront Hotel  
Boston, MA

*Offered by the*  
McLean Hospital Division of  
Alcohol and Drug Abuse



# ADDICTIONS IN 2010

## *Course Description*

It is estimated that 22 million Americans suffer from an addiction to alcohol or drugs and approximately 20% of all Americans smoke cigarettes. The consequences of addiction are numerous; it results in a myriad of health problems, harms and disrupts families and other relationships, and can leave individuals isolated, depressed, and even suicidal. Addictions can lead to vulnerability to comorbid disorders and comorbid disorders can sometimes lead to addictions, making treatment of either condition particularly complex. Individuals with an addiction often deny the extent of the problem and resist treatment altogether. Despite all of these difficulties, countless Americans confront and overcome their addictions every year, often with the help of health care professionals and formal treatment programs.

McLean Hospital, the largest psychiatric hospital of Harvard Medical School, is pleased to offer this groundbreaking conference bringing together some of the foremost authorities in the addiction field. Topics will include stress and addiction; new, evidence-based treatments; early detection and intervention; the nuances of treating comorbid disorders along with addiction; and special populations. We are honored to have such a prestigious and accomplished faculty. Many of them are cutting-edge researchers who have developed new, evidence-based pharmacologic and behavioral treatments as well as integrated treatment programs for substance abuse and comorbid disorders. Attendees will have the opportunity to not only hear stimulating lectures from these masters in the field, but will also have ample opportunity for personal interaction with them in panel discussions.

## *Course Objectives*

By the end of this conference, participants will:

- Understand the relationship between stress and addiction.
- Be able to recognize and treat patients abusing anabolic steroids.
- Be able to use medications more effectively in treating alcohol and opioid dependence.
- Understand and be able to implement SAMHSA's new program "Screening, Brief Intervention, and Referral to Treatment."
- Be able to screen adolescents for substance abuse and do a brief intervention.
- Be better prepared to interpret urine screening and how people can cheat on these tests.
- Be able to recommend alternative treatments for addictions.
- Understand nuances in assessing and treating patients with co-morbid substance abuse and bipolar disorder, PTSD, and pain disorders.
- Integrate smoking cessation in the care of psychiatric patients, a population with high rates of tobacco use.
- Understand and better treat the addictions in special populations, including women, adolescents, pregnant women, and high achievers.

## *Course Directors*

Roger D. Weiss, MD  
Shelly F. Greenfield, MD, MPH  
Christopher M. Palmer, MD



## ADDICTIONS IN 2010

### FRIDAY, APRIL 30, 2010

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#### *Morning*

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- 7:00–7:45 **Registration & Continental Breakfast**
- 7:45–8:00 **Welcome & Introduction**  
Roger D. Weiss, MD
- 8:00–9:00 **KEYNOTE ADDRESS**  
**Stress and Addiction**  
Kathleen T. Brady, MD, PhD

#### **MORNING SESSION:**

##### *Old Problems, New Treatment Approaches*

- 9:00–9:45 **Update on Medications for Alcohol Dependence**  
Robert M. Swift, MD, PhD
- 9:45–10:30 **Update on Medications for Opioid Dependence**  
Hilary S. Connery, MD, PhD
- 10:30–10:45 **Break**
- 10:45–11:30 **Update on Anabolic Steroids**  
Harrison G. Pope Jr., MD
- 11:30–12:00 **Question & Answer Panel**  
Morning Speakers

#### *Afternoon*

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- 12:00–1:15 **Lunch (on your own)**

#### **AFTERNOON SESSION:**

##### *Early Detection and Intervention*

- 1:15–2:00 **Screening, Brief Intervention, and Referral to Treatment: An Idea Whose Time Has Come**  
Bertha K. Madras, PhD
- 2:00–2:45 **Screening and Brief Intervention for Adolescents**  
Peter M. Monti, PhD
- 2:45–3:00 **Break**
- 3:00–3:45 **New, Alternative Treatments for Binge Drinkers**  
Scott E. Lukas, PhD

### FRIDAY, APRIL 30, 2010

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#### *Afternoon (continued)*

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- 3:45–4:30 **Urine Screening: How People Try to Beat the Tests and What You Need to Know**  
William B. Jaffee, PhD
- 4:30–5:00 **Question & Answer Panel**  
Afternoon Speakers

### SATURDAY, MAY 1, 2010

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#### *Morning*

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- 7:00–7:45 **Registration & Continental Breakfast**
- 7:45–8:00 **Welcome & Introduction**  
Roger D. Weiss, MD

#### **MORNING SESSION:**

##### *Comorbidity: New Understanding, New Integrated Treatment Approaches*

- 8:00–8:50 **Integrated Treatment of Patients with Co-Occurring Substance Abuse and Bipolar Disorder**  
Roger D. Weiss, MD
- 8:50–9:40 **Integrated Treatment of Patients with Co-Occurring Substance Abuse and PTSD**  
Lisa M. Najavits, PhD
- 9:40–10:30 **Understanding and Approaching the Co-Occurrence of Substance Abuse and Chronic Pain**  
David Borsook, MD, PhD
- 10:30–10:45 **Break**
- 10:45–11:30 **Integrated Treatment of Smoking in the Psychiatrically Ill**  
Douglas M. Ziedonis, MD, MPH
- 11:30–12:00 **Question & Answer Panel**  
Morning Speakers



## Afternoon

12:00–1:15 Lunch (on your own)

### AFTERNOON SESSION:

#### *Special Populations, Specific Approaches*

1:15–2:00 **Treating Addictions in High Achievers**  
Timothy Benson, MD

2:00–2:45 **Treatment of Adolescents with Addiction**  
John F. Kelly, PhD

2:45–3:00 **Break**

3:00–3:45 **Gender Differences in Addiction and Its Treatment**  
Shelly F. Greenfield, MD, MPH

3:45–4:30 **Assessment and Treatment of Pregnant Women with Addiction**  
Grace Chang, MD, MPH

4:30–5:00 **Question & Answer Panel**  
Afternoon Speakers

## Continuing Education

**Physicians:** Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Harvard Medical School designates this educational activity for a maximum of 15 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Psychologists:** McLean Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. McLean Hospital maintains responsibility for this program and its content. Participants meeting requirements will receive 15 CE credits.

**Nurses:** This program meets the requirements of the Massachusetts Board of Registration in Nursing (244 CMR 5.00) for 15 contact hours of nursing continuing education credit. Advance practice nurses, please note: educational activities which meet the requirements of the ACCME (such as this activity) count toward 50% of the nursing requirement for ANCC accreditation.

**Social Workers:** Application has been made for social work accreditation from the MA chapter of the NASW. Please call (617) 855-3152 for status of the application.

**Licensed Mental Health Counselors:** McLean Hospital is an NBCC Approved Continuing Education Provider (ACEP™) and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. The hospital's provider number is 6085. This program is approved for 15 clock hours of CE credit or 1.5 CEU.

**Addiction Specialists:** The sponsor of this program has been approved to offer 15 hours of Continuing Education credit for Certified Addiction Specialists (CAS) in accordance with the American Academy of Health Care Providers in the Addictive Disorders. Approval No. 09-1036. Application has been made to the Massachusetts Board of Substance Abuse Counselor Certification for 15 credit hours.

## Course Location

This course will be held at  
The Renaissance Boston Waterfront Hotel  
606 Congress Street, Boston, MA 02210  
Telephone: 617-338-4111



## Registration Information

- **Doctoral Level Professionals: \$395 (USD)**
- **Other Professionals and Trainees: \$325 (USD)**

Register early, space is limited. All foreign payments must be made by a draft on a United States bank or by Visa or MasterCard. Please make check payable to Harvard Medical School and mail with application form to **Harvard Medical School, Department of Continuing Education, P.O. Box 825, Boston, MA 02117-0825**. If paying by credit, register online at [www.cme.hms.harvard.edu/courses/addictions2010](http://www.cme.hms.harvard.edu/courses/addictions2010), or mail it to the above address. *Telephone registrations are not accepted.* Inquiries should be directed to the above address, made by phone: 617-384-8600, Monday–Friday, 10 A.M. to 4 P.M. (EST), or by e-mail: [hms-cme@hms.harvard.edu](mailto:hms-cme@hms.harvard.edu). Upon receipt of registration a confirmation letter will be mailed to the address listed on the form.

## Online Information

To register or view course information online:  
[www.cme.hms.harvard.edu/courses/addictions2010](http://www.cme.hms.harvard.edu/courses/addictions2010)

To ensure proper registration, please add the first **three characters** of the source code found at the bottom of the registration form.

## Accommodations and Travel

The Renaissance Boston Waterfront Hotel has a limited block of sleeping rooms available at a discounted price of \$189 per night for single/double occupancy. These will be offered on a first-come, first-served basis, so please make your reservations early and mention that you are enrolled in this course in order to receive the discount. **Reservations must be made before April 8, 2010 in order to receive the discount.** Please call 1-888-796-4664 for reservations.

## McLean Hospital Contact Information

Telephone: (617) 855-3152

E-mail: [education@mcleanpo.mclean.org](mailto:education@mcleanpo.mclean.org)

## Refund Policy

A handling fee of \$60 is deducted for cancellation. Refund requests must be received by mail or fax one week prior to the course. No refunds will be made thereafter. Please note: Program changes/substitutions may be made without notice.

## REGISTRATION FORM

April 30–May 1, 2010

- Doctoral Level Professionals: \$395 (USD)**
- Other Professionals and Trainees: \$325 (USD)**

Register online at:

[www.cme.hms.harvard.edu/courses/addictions2010](http://www.cme.hms.harvard.edu/courses/addictions2010)

## ADDICTIONS IN 2010

(Class # 3024353)

Full Name \_\_\_\_\_ Degree \_\_\_\_\_  
First \_\_\_\_\_ Middle \_\_\_\_\_ Last \_\_\_\_\_

Mailing Address \_\_\_\_\_ Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Daytime Phone (\_\_\_\_) \_\_\_\_\_ Fax Number (\_\_\_\_) \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Please check if you wish to be *excluded* from receiving email notices of future HMS-DCF programs.

Professional School Attended \_\_\_\_\_ Profession \_\_\_\_\_ Year of Graduation \_\_\_\_\_

Principal Specialty \_\_\_\_\_ Board Certified? Yes  No  Organization Affiliation \_\_\_\_\_

Check is enclosed: Please make your check payable to *Harvard Medical School* and mail it with this registration form to: **Harvard Medical School-Department of Continuing Education, P.O. Box 825, Boston, MA 02117-0825**

Registrations paid by credit card may be made at: [www.cme.hms.harvard.edu/courses/addictions2010](http://www.cme.hms.harvard.edu/courses/addictions2010)  
Please note: telephone registrations are not accepted.

 Online registrants - To ensure proper registration, please add the first three characters of the source code found here - Source Code: A B C D E F X Z