

# BELMONT CITIZEN-HERALD

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## McLean names new medical director for geriatric program

McLean Hospital has named **Marc Frader, MD**, medical director of its Seniors Aging Gracefully Everyday (SAGE) program, a partial hospital program that specializes in treating men and women age 60 and older who suffer from depression, phobias, anxiety disorders and bipolar disorder.

"Dr. Frader brings a breadth of knowledge about geriatric psychiatry that will enhance our program and its ability to assist our patients and their families in understanding and coping with psychiatric illness," said **Dr. James Ellison**, clinical director of the Geriatric Psychiatry Program at McLean Hospital.

Frader joins McLean Hospital from the inpatient geriatric psychiatric program at Lawrence Memorial Hospital of Medford, where he was an attending psychiatrist for more than 15 years.

Established in 1999, formerly the Geriatric Partial Hospital Program, SAGE specializes in treating older men and women who live at home, but whose psychiatric illness requires intensive support on an outpatient basis. Among the groups and therapies offered through SAGE are psychotherapy, illness management, issues of aging, coping with loss, creative arts therapies, goals groups, stress management, building relationships, family counseling and case management.

In addition to his work at McLean, Frader also serves as medical director of the Alzheimer's Unit at the Courtyard Nursing Care Center in Medford, and he will continue his private practice in Lexington, which includes nursing home consultations.