



## BIOGRAPHIES

### ***TREATMENT TEAM***

#### **Thomas W. Irwin, PhD**

##### **Program Director**

Dr. Irwin received his training at the University of Houston in the area of Clinical Psychology where he developed an expertise in the field of substance abuse treatment. Since completing his doctorate, Dr. Irwin has been on the faculty at Mount Sinai School of Medicine and Columbia University, where he participated in federally funded research activities focused on behavioral and psychopharmacological treatment for substance use disorders. Prior to his position as the program director at The McLean Center at Fernside, Dr. Irwin was an assistant professor of Clinical Psychology in Psychiatry at the Westchester division of the Weill Medical College of Cornell University and served as the program director of the Substance Abuse Treatment Services at Payne Whitney Westchester.

#### **Timothy G. Benson, MD**

##### **Medical Director**

Dr. Timothy G. Benson is a native of Jefferson City Missouri. While attending Hampton University on a full football scholarship he was the recipient of multiple national scholar-athlete awards and granted Hampton's highest honor--The President's Cup. He accepted a dean's scholarship to the University of Rochester School of Medicine where his interest in psychiatry flourished. He completed his training in adult psychiatry at Harvard Medical School's Massachusetts General Hospital/McLean Hospital residency program. After serving as the chief resident of addictions in his last year of residency, he went on to complete a 3 year research fellowship in addictions at McLean Hospital under the National Institute of Drug Abuse (NIDA)-Clinical Trials Network (CTN) research grant. Prior to becoming medical director at the McLean Center at Fernside Dr. Benson also served as an assistant psychiatrist at McLean Hospital's Naukeag residential addiction facility.

As a graduate of The Center for Psychoanalytic Studies at Massachusetts General Hospital, Dr. Benson uses his knowledge in psychodynamic therapy to enhance his treatment of those dually diagnosed. Outside the area of addiction, Dr. Benson has spoken nationally on issues of mental health disparities and the fostering of psychological resilience in elite athletes.

#### **Andrew Gill, MD**

##### **Psychiatrist**

Dr. Gill graduated from Harvard College and Case Western Reserve University School of Medicine. After a rotating internship at Cambridge Hospital, he trained in psychiatry at Boston's Beth Israel Hospital and completed course-work at the Boston Psychoanalytic Institute. For the past 30 years, he has balanced a private psychotherapy practice with a variety of hospital, clinic and teaching work. For the past nine years, he has served as medical director of McLean at Naukeag, a satellite treatment program of McLean Hospital. McLean at Naukeag is a dual diagnosis program for patients who suffer from concurrent substance abuse and psychiatric conditions. He brings his experience in treating the "whole patient", not just the substance abuse, to his work at The McLean Center at Fernside. Dr. Gill is also a co-author/editor of *Lifelines: Clinical Perspectives on Suicide*, Plenum Press, 1982.

## ***BIOGRAPHIES (continued)***

### **Nancy Hibey Hezel, MS, LMHC, MAC, LADC I, CADAC II Therapist/Case Coordinator**

Ms. Hezel received her BA at LeMoyne College in Syracuse, NY and went on to receive a Masters Degree in Counseling at Syracuse University. She has spent the past 25 years working as a substance abuse counselor and mental health counselor in an outpatient clinic where she worked with drunk drivers and other court-mandated clients arrested for substance abuse related offenses. Prior to this position her jobs include working as probation officer in the Boston Municipal Court, a Counselor for the Department of the Army at The Presidio of San Francisco, a high school teacher, and a research assistant in a health study at Beth Israel Deaconess Hospital in Boston. She has also worked in the Head Start Program for disadvantaged children, and in the Upward Bound Program for disadvantaged high school students.

### **Catherine Tellides, Ph.D. Therapist/Case Coordinator Post-Doctoral Fellow**

Dr. Tellides received her M.A. and Ph.D. at McGill University in Montreal, Canada. While completing her doctoral degree, she also worked at the McGill University Counseling Service providing individual and couples counseling for a variety of problems including alcohol and substance abuse, eating disorders, depression, anxiety, and career concerns. Dr. Tellides completed a pre-doctoral internship at McLean Hospital through Harvard Medical School, where she received intensive CBT training at McLean's Behavioral Health Partial Hospital Program. She continued her post-doctoral training at McLean, with an emphasis on the treatment of Borderline Personality Disorder through the Borderline Center. Throughout her training, she led several groups aimed at increasing CBT and DBT skills in patients with Axis I and II disorders. She is currently specializing in the treatment of alcohol and substance abuse using empirically supported treatment methods.

## ***SENIOR CLINICAL STAFF***

### **Roger D. Weiss, MD Clinical Director of the Alcohol and Drug Abuse Treatment Program, McLean Hospital**

Dr. Weiss is a professor of psychiatry at Harvard Medical School. Through research, international teaching, clinical work, and writings, Dr. Weiss has made significant contributions to the field of substance abuse and dual diagnosis. He has been Principal Investigator on numerous NIH grants, and is currently principal investigator of the Northern New England Node of the NIDA Clinical Trials Network. He has authored over 220 articles and book chapters, and has recently developed a new group therapy, Integrated Group Therapy, for patients with bipolar disorder and substance dependence.

***BIOGRAPHIES (continued)***

**Shelly F. Greenfield, MD, MPH**

**Associate Clinical Director of the Alcohol and Drug Treatment Program at McLean Hospital, Director, Addiction Psychiatry Fellowship at McLean Hospital**

Dr. Greenfield is associate professor of psychiatry at Harvard Medical School and director of the Alcohol and Drug Abuse Treatment Program at McLean Hospital in Belmont, Massachusetts where she also directs the outpatient substance abuse treatment program and consultation services. Dr. Greenfield directs the substance abuse clinical rotations of the Adult Psychiatry Residency of the Massachusetts General and McLean Hospitals. Dr. Greenfield serves as principal investigator and co-investigator on federally funded research focusing on treatment for substance use disorders, gender differences in substance disorders, and health services for substance disorders. She is also co-principal investigator of the Northern New England Node of the NIDA Clinical Trials Network. Dr. Greenfield served as the founding scientific director of National Alcohol Screening Day, is past chair of the American Psychiatric Association's Council on Addiction Psychiatry, chair of the NIDA Clinical Trial Network's Gender Special Interest Group, and is editor-in-chief of the *Harvard Review of Psychiatry*.

**Nancy Merrill, APRN, BC**

**Program Director, Alcohol and Drug Abuse Services at McLean Hospital**

Ms. Merrill brings almost 30 years of addiction and psychiatric nursing experience to the program. She has participated in several major substance abuse research projects including integrated treatment for bipolar addicts; Combining Medications and Behavioral Interventions for Alcoholism (COMBINE) clinical trials; mild traumatic brain injuries; perceptions of quality of care; and a medication trial using Topamax.