



McLean Hospital: Need to Know

DISSOCIATIVE DISORDERS AND TRAUMA PROGRAM

(Proctor House, Second Floor, PH2):

- **Discharge time:** Noon
- **Hospitalwide length of stay:** Three to seven days.
- **Inpatient stays** are for brief acute management of psychiatric illnesses so that patients can have continued stabilization and treatment on an outpatient basis.
- **Patient identification wristbands** must be worn at all times.
- **Visiting hours:** 10 am to 8 pm or by arrangement with the clinical team. Generally, children under the age of 14 are allowed to visit after discussion with the treatment team or nursing staff.
- **Nursing station phone number:** 617.855.2512.
- **Patient phone numbers:** 617.855.3263; 617.855.3265. All outgoing calls from McLean must be placed to unblocked lines. Family members should give the treatment team an unblocked number should they need to contact you.
- **Cell phones:** Allowed.
- **Photographic equipment:** Not allowed, including devices found on cell phones, watches, computers or other electronics.
- **Smoking:** The Dissociative Disorders and Trauma Program is a smoke-free environment as cigarette smoking poses a major health risk. Smoking is not permitted on or off the unit during our patients' hospitalizations. Nicotine replacement is available to all patients upon admission.
- **Family involvement** via contact with case managers and family meetings is encouraged when clinically appropriate. Family meetings generally take place on weekday afternoons.