

## Adult Services

McLean Hospital enjoys a long history of helping individuals with psychiatric illness lead fulfilling and productive lives. Individuals may receive their care in a number of clinical settings, depending on their level of acuity. Inpatient stays are for brief management of psychiatric illnesses. Treatment is designed to meet the patient's individual needs and may include individual, group and family psychotherapy, psychopharmacology, education and/or rehabilitation services. Partial hospitalization and acute longer-term residential care are available to individuals who do not need the security of a locked, inpatient unit but require more than conventional outpatient therapy. These forms of treatment allow for a flexible combination of individual and group psychotherapy, intensive case management, psychopharmacology and activity programs.

### Adult Inpatient Programs

- Alcohol and Drug Abuse
- Alzheimer's Disease and Other Dementias
- Bipolar Disorder
- Depression and Anxiety
- Dissociative and Post-Traumatic Stress Disorders
- Geriatric Psychiatry
- Schizophrenia

### Adult Partial Hospital and Residential Programs

- Alcohol and Drug Abuse
- Bipolar Disorder
- Borderline Personality Disorder
- Depression and Anxiety
- Dual Diagnosis
- Eating Disorders
- Obsessive Compulsive Disorder
- Schizophrenia/Schizoaffective Disorder
- Women's Mental Health

### Insurance Information

McLean accepts Medicare, Massachusetts Medicaid and many private insurance and managed care plans.

### Contact

For further information, call 1.800.333.0338 or visit us at [www.mclean.harvard.edu](http://www.mclean.harvard.edu).

*McLean Hospital is the largest psychiatric facility of Harvard Medical School, an affiliate of Massachusetts General Hospital and a member of Partners HealthCare.*

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