



BORDERLINE PERSONALITY DISORDER (BPD) SERVICES AT McLEAN HOSPITAL

	OUTPATIENT CLINIC	BORDERLINE CENTER OUTPATIENT PROGRAM	BEHAVIORAL HEALTH PARTIAL (BORDERLINE TRACK)	WOMEN'S TREATMENT PROGRAM	3EAST	GUNDERSON RESIDENCE
PRIMARY AND SECONDARY DIAGNOSIS	Borderline personality disorder (BPD)	BPD	BPD, other personality disorders, mood disorders and anxiety disorders	BPD, other personality disorders, mood disorders, anxiety disorders, trauma	BPD and other related disorders	BPD
AGES	18+	18+	18+	18+	13 to - 20	21+
GENDER	Co-ed	Co-ed	Co-ed	Female	Female (residential) Male and female (partial)	Female
LEVEL(S) OF CARE*	Outpatient clinical services	Intensive outpatient treatment	Intensive partial hospitalization program	Shorter-term residential treatment; partial hospitalization program	Intensive residential; step-down residential; partial hospitalization program	Intensive residential treatment program
LENGTH OF STAY (LOS)	Variable	Longer-term, variable LOS	Short-term LOS based on medical necessity and insurer parameters	Short LOS; 14 to 21 days	Intermediate LOS; 28+ days	Longer-term LOS; minimum of 60 days required.
PROGRAM HOURS	8:30 am to 5 pm Monday to Friday	8:30 am to 5 pm Monday to Friday	9 am to 3 pm Monday to Friday	Partial hospitalization program: 9 am to 3 pm Monday to Friday; residential services: 24/7 with evening and weekend groups included.	24/7 for intensive residential 3 pm to 9 am for step-down program; 9 am to 3 pm for partial hospitalization program	24/7
DISTINCT FEATURES	Available as a step-down to McLean patients: Group therapy and psychopharmacology; limited availability for individual psychotherapy and skills coaching; evidence-based therapeutic interventions.	Case management; treatment reviews by John Gunderson, MD; full array of evidence-based therapeutic interventions, including psychopharmacology.	Evidence-based, treatment components of DBT and CBT; tracks in mood and anxiety, BPD and life skills; case management; psychopharmacology.	Comprehensive treatment includes intensive DBT psychopharmacology, case management, vocational/educational rehabilitation, and expressive therapy. Staff trained in DBT, BPD and trauma related issues.	Intensive DBT (all staff trained in DBT); DBT classroom; skills focused academics/ vocational support; case management; psychopharmacology; individual, group and family therapy, three levels of care.	Treatment geared toward eventual transition back to community. Multi-faceted, intensive, evidence-based treatment includes DBT, MBT and CBT - all staff trained in these areas; individual, group and family therapy; case management; psychopharmacology.
PROGRAM LOCATION	Belmont, MA Service Building	Belmont, MA Service Building	Belmont, MA Recreation Building	Belmont, MA Hill Cottage	Belmont, MA East House, 3 rd Floor Partial behind Academic Ctr	Cambridge, MA



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PAYMENT STRUCTURE (ALL RATES SUBJECT TO CHANGE)	Insurance may cover group treatment; self-pay is also an option	\$4,625 administrative fee for initial six months includes consultation and treatment reviews with John Gunderson, MD; three to five psycho-educational meetings for family; three months of case management services. Group therapy, individual therapy and medication management may be partially covered by insurance but are otherwise self pay. Estimated cost is \$1,000 to \$2,000 weekly.	Coverage based on insurer parameters; self-pay at \$500/day is an option once insurance benefits are exhausted.	Insurance; self-pay is an option if exceeding allowable insurance LOS \$450/day for partial program; \$650/day for residential	Self-pay \$1600/day - intensive residential \$500/day – step- down residential \$400/day partial hospitalization program (Rate will increase to \$500 per day in October 2009)	Self-pay \$850/day
INTAKE CONTACT	Group psychotherapy: George Smith, LICSW 617.855.3358	Intensive BPD outpatient: Corina Kopp Laudate 617.855.3452	Debbie Flynn 617.855.3286	Linda Larson 617.855.2595	Residential: Sarah Hunt 617.855.2804 Partial: Michael Hollander, PhD 617.855.2745	Corina Kopp Laudate 617.855.4250
E-MAIL	Groups: gsmith@partners.org	BPD intensive: claudate@partners.org	Dflynn1@partners.org	women@mclean.harvard.edu	3East@mclean.harvard.edu	claudate@partners.org
URL	www.mclean.harvard.edu/patient/adult/group.php www.mclean.harvard.edu/patient/adult/bpd.php	www.mclean.harvard.edu/patient/adult/group.php www.mclean.harvard.edu/patient/adult/bpd.php	www.mclean.harvard.edu/patient/adult/bhphp.php	www.mclean.harvard.edu/	3East.org	GundersonResidence.org

All programs listed are voluntary.

*General psychiatry inpatient care is available 24/7 in Belmont and Brockton, MA. Inpatient admissions can be coordinated 24/7 by calling 800-333-0338. See www.mclean.harvard.edu/ for additional information on this level of care.

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