

McLean Ambulatory Treatment Center
Adult Partial Hospital and Residential Program for Alcohol and Drug Abuse
115 Mill Street
Belmont, MA 02478-9106

Program Description

Staffed by highly experienced psychiatrists, psychologists, social workers, nurses and addiction specialists, we are committed to working collaboratively with referring providers.

Program Features

Expectation of Sustained Abstinence
Understanding of Chemical Dependency
Dual Diagnosis Education
Relapse Prevention
Introduction to Recovery Networking

Medication Evaluation & Management
Case Management & Aftercare Planning
Family Education & Meetings
Individual Therapy & Support
Recovery Life Skills

The Ambulatory Drug and Alcohol Treatment Program (ADATP) at Harvard-affiliated McLean Hospital provides two levels of care for post detoxification, chemically dependent individuals. Individuals can enroll in either our Partial Hospitalization level of care or for those needing a more structured environment we offer an acute Residential level of care. All patients participate in treatment together and receive the most up to date information provided by our highly trained staff. We offer specialized expertise in treating individuals whose substance dependence is also complicated by psychiatric illnesses.

The program's goals are to assist patients in achieving and sustaining abstinence while also learning how to reclaim one's dignity, self worth and identity. We assist patients in building coping mechanisms to achieve an active and full life without substances. Our program is uniquely designed to meet the needs of first time patients as well as returning ones. While our program is abstinence based we also recognize that some patients may face significant challenges that lead to relapse. We recognize that treatment is a process. Our program stresses safety for all patients. In certain cases, we may reassess individual's levels of care should relapse occur.

Partial Hospitalization level of care is for individuals who need intensive treatment but can commute independently and safely from home on a daily basis. Partial patients are expected to attend groups meeting from 8:30 am to 2:00 pm daily, 5-7 days per week. Many of the groups focus on early recovery issues, building coping mechanisms, relapse prevention and address in-depth psychiatric needs. Patients are assigned a case manager and psychiatrist who work closely with them throughout the treatment process tailoring their treatment in order to maximize success.

Acute **Residential** treatment provides more structure for patients who are not yet stable or whose home environments are not supportive of the recovery process. Residential patients also have access to non-medical staff until 11 pm daily and are provided with two additional groups per day. Other amenities for residential patients include our workout room, kitchen and living room areas. Residential patients can easily access free transportation from the hospital shuttle into Belmont Center. In order to participate in our residential program, patients must be able to independently administer their own psychiatric medications.

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Checklist for Clinical Evaluator

	<p>Please make sure the patient is appropriate for admission to the program by reading the admission criteria included on the next page. Next call insurance to find out treatment coverage.</p>
	<p>Complete the enclosed referral packet (admission application)</p>
	<p>Make sure to put a valid phone number for the patient on the application.</p>
	<p>Fax back to Linda @ (617) 855-2699. Please include a complete list of patient's medications.</p> <p>For patients coming from other Mclean Units, clinicians must call ADATP with "clinical sign out"</p>
	<p>Linda will contact the case manager with scheduled intake interview</p>
	<p>For any questions call Linda @ 617-855-3505</p>
	<p>Please read the program description and review with your patient. Give the patient the 'Your First Day of Partial Hospital Treatment' informational sheet.</p>

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Dear Provider:

Thank you for your referral to McLean Alcohol and Drug Abuse Treatment Program.

We have tried to make this application easy for you to complete, yet comprehensive enough to allow us to make a prompt decision regarding admissions. Please feel free to copy this application for other members of your staff. If you have any questions or require additional applications, call us at (617) 855-3505.

Fax completed forms to (617) 855-2699.

Sincerely,
Linda Marucci
Intake Coordinator,
McLean Partial and Residential Treatment Program

Admission Criteria: (must meet all)

- The patient is completely detoxified.
- The patient is medically stable and cleared for ambulatory level of care.
- The patient is cognitively capable of participating and benefiting from the treatment milieu of four groups per day and off site self-help meetings.
- The patient is able to hold and self-administer medication, handle self-care, and function independently in an open milieu.
- The patient is not a danger to self or others.
- The patient is able to obtain transportation to and from the program independently.
- The patient is 18 years or older.

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Pre-Admit Form

Date: _____

Patient Name: _____ Occupation: _____

Anticipated Admit Date: _____

McLean Inpatient: Y N (if no, fill out the remainder of the form)

Referral Source: _____ Phone # _____

Agency: _____

Patient DOB: _____ Address: _____

City: _____ Zip Code: _____ Telephone #: _____

*Insurance Name: _____ ID # _____

Telephone #: _____ *Policy # _____

*Subscriber Name: _____ *Subscriber DOB _____

Managed By: _____ Telephone #: _____

* For Mclean use only beyond this line.

Benefits verified for level of care being requested? Y N

*Is Pre-certification and/or prior authorization required? Y N _____
for how many days

Information received: _____

Form Originator: _____ Linda Marucci _____ FAX _____ 617- 855-2699 _____

***Required field, form will not be completed without it.**

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Referral Form for Admission to McLean Hospital

History of Present Illness:

Medical Problems _____

Date of last Physical Exam _____
(Must be within one year)

Drug Allergies: _____

PPD Test Date: _____ Results: Pos Neg Nurses Initial: _____ (Required)

PCP: _____ Town: _____ Phone # _____

Current Providers: Agency: _____

Psychiatrist: _____ Phone # _____

Therapist: _____ Phone # _____

Purpose of Coming to McLean: _____

Discharge Plan: Own Residence Family Friends Shelter Holding Facility

Emergency Discharge Placement: _____

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Your First Day of ADATP Partial Hospital Treatment

- 1. Bring your insurance card and information; For patients coming from inpatient units, bring your discharge summary.**
- 2. Report to the Secretaries office, Proctor House, room 318 at 8:30 a.m. Ask for Linda .**
- 3. Fill out admission paperwork.**
- 4. Register at patient accounts (Admissions Building- rm. 26).**
- 5. Attend scheduled appointments with case manager and psychiatrist.**
- 6. Report to day treatment, Room G17.**

If you have questions or need to reschedule your appointments, please call Linda at (617) 855-3505.