

**Group Schedule for the Gunderson Center
January 11, 2011**

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00am	Emotion Regulation (B) Mariola Magovcevic, PhD Group Therapy Room	Skills Application (A) Lois Choi-Kain, MD Karen Jacob, PhD Group Therapy Room Bldg 7	CBT Skills (A) Valerie Photos PhD Group Therapy Room Bldg 7	Applied Interpersonal (C) Shauna Dowden, PhD/ John Gunderson, MD Group Therapy Room Bldg 7	Vocational Issues (B) Valerie Photos PhD Group Therapy Room Bldg 7
10:00am	Self Assessment (B) Mariola Magovcevic, PhD Group Therapy Room Bldg 7	ACT (A) Geoff Cohane, PhD Group Therapy Room Bldg 7	DBT Overview (C) Valerie Photos PhD Group Therapy Room Bldg 7	i MBT (D) Shauna Dowden, PhD/ Valerie Photos, PhD Group Therapy Room Bldg 7	Interpersonal Effectiveness (C) Lois Choi-Kain, MD Group Therapy Room Bldg 7
11:00am	Impulse Control (B) Corina Laudate, BA/ Amy Meade, PhD Group Therapy Room Bldg 7	Mindfulness Skills (B) Geoff Cohane, PhD Group Therapy Room Bldg 5	Distress Tolerance (B) Karen Jacob, PhD Group Therapy Room Bldg 5	Community Meeting (D) Corina Laudate, BA/ Ann Marie McCarthy Group Therapy Room Bldg 5	Mentalization (C) Lois Choi-Kain MD/ Valerie Photos PhD Group Therapy Room Bldg 5
12:00pm	Lunch	Lunch	Lunch	Lunch	Lunch
1:00pm	Individual Meeting or Applied Self Directed Structure (ASDS) (C) Group Therapy Room	Individual Meeting or Applied Self Directed Structure (ASDS) (C) Group Therapy Room	Individual Meeting or Applied Self Directed Structure (ASDS) (C) Group Therapy Room	Individual Meeting or Applied Self Directed Structure (ASDS) (C) Group Therapy Room	Individual Meeting or Applied Self Directed Structure (ASDS) (C) Group Therapy Room
2:00pm	Individual Meeting or Applied Self Directed Structure (ASDS) (C) Group Therapy Room	Individual Meeting or Applied Self Directed Structure (ASDS) (C) Group Therapy Room	Individual Meeting or Applied Self Directed Structure (ASDS) (C) Group Therapy Room	Individual Meeting or Applied Self Directed Structure (ASDS) (C) Group Therapy Room	Individual Meeting or Applied Self Directed Structure (ASDS) (C) Group Therapy Room
3:30pm	Fitness/Free CRC Boston Sports Club	Fitness/Free CRC Boston Sports Club	Fitness/Free Meal Preparation CRC Boston Sports Club/Kitchen	Fitness/Free CRC Boston Sports Club	Fitness/Free CRC Boston Sports Club
6:00pm	Dinner	Dinner	Dinner	Dinner	Dinner
7:00pm	Consolidation and Debriefing/Diary Card Clinical Staff (CRC) Group Therapy Room Bldg 7	Consolidation and Debriefing/Diary Card Clinical Staff (CRC) Group Therapy Room Bldg 7	Consolidation and Debriefing/Diary Card Clinical Staff (CRC) Group Therapy Room Bldg 7	Consolidation and Debriefing/Diary Card Clinical Staff (CRC) Group Therapy Room Bldg 7	Consolidation and Debriefing/Diary Card Clinical Staff (CRC) Group Therapy Room Bldg 7
8:00pm	Smart Recovery (7:30-9) (E) Main campus DeMarneffe Building	AA Meeting (E) Main campus DeMarneffe Building	Open	AA Meeting (E) Main campus DeMarneffe Building	AA Meeting (E) Main campus DeMarneffe Building

* AA Meeting at McLean in DeMarneffe at 10:30am every Sunday