



CLINICAL STAFF BIOGRAPHIES

All Gunderson Residence staff clinicians are doctoral level professionals on the teaching faculty at Harvard Medical School and have completed intensive training in Mentalization Based Treatment (MBT) as well as Dialectical Behavioral Therapy (DBT).

Lois Choi-Kain, M.D. M.Ed.

Medical and Program Director

Dr. Choi-Kain received her Bachelor's and Master's degrees from Harvard University. After medical school, she completed her adult psychiatry training at the Massachusetts General Hospital/McLean Hospital, where she served as the Chief Administrative Resident. Dr. Choi-Kain completed a three-year post-doctoral fellowship funded by APIRE/NIMH and the Psychosocial Fellowship of McLean Hospital with Professors John Gunderson and Mary Zanarini, conducting research on the relationship between attachment, cognition, stress reactivity, and borderline personality disorder. During this post-doctoral fellowship, she received training in specialized assessments of attachment and reflective function (a measure of mentalization) at the Anna Freud Center in London, UK. She continues to actively conduct research and publish papers on borderline personality disorder while also in psychoanalytic training at the Boston Psychoanalytic Society and Institute. Dr. Choi-Kain has been honored with numerous distinctions including the Frieda Fromm-Reichmann Psychotherapy Award, SAMSHA Minority Fellowship of the American Psychiatric Association, American Psychoanalytic Association Fellowship, Association of Women Psychiatrists Symonds Fellowship, Laughlin Fellowship of the American College of Psychiatrists, and Dr. Henry P. and M. Page Durkee Laughlin Foundation Award. Dr. Choi-Kain's areas of specialization include attachment, personality disorders, psychotherapy, and cultural issues in psychiatry.

Karen Jacob, Ph.D.

Director of Clinical Services

Dr. Jacob received her Ph.D. in clinical psychology from Clark University and completed her post-doctoral training at Cambridge Health Alliance at Harvard Medical School. Her clinical training has been primarily in Cognitive Behavioral Therapy (CBT) for patients suffering from mood, anxiety, and personality disorders. Clinically, she has received training in mindfulness, mentalization, DBT, and biofeedback. Dr. Jacob has an extensive research training background, having studied wide ranging topics including diabetes, adoption, attachment, panic disorder, and psychotherapy outcomes. Dr. Jacob has authored numerous papers and presentations and has been honored with the Hiatt Scholarship. Her current research interests include understanding the effectiveness of empirically-supported treatments in clinical contexts and in elucidating mechanisms of change in treatment. She has a particular interest in understanding the relative impact of different components of treatment on outcome as measured by both symptom and functional improvement.

Mariola Magovcevic, Ph.D.**Staff Psychologist**

Dr. Magovcevic earned her Bachelor of Arts in Psychology from Clark University, her Master of Science in Counseling Psychology from Northeastern University and her Doctorate in Clinical Psychology from Clark University. Dr. Magovcevic completed both her pre-doctoral and post-doctoral training at McLean Hospital. In addition to treating Borderline Personality Disorder, Dr. Magovcevic has experience working with a variety of different diagnostic issues including mood disorders, anxiety disorders, and eating disorders. Dr. Magovcevic's primary orientation to treatment is Cognitive-Behavioral Therapy and she has been trained in Dialectical Behavioral Therapy and Acceptance and Commitment Therapy. Dr. Magovcevic has authored numerous papers and presentations and has been honored with the Hiatt Scholarship. Her current research interests include understanding how gender differences affect both diagnostic and treatment outcomes as well as the effectiveness of empirically-supported treatments in clinical contexts. Dr. Magovcevic has a joint faculty appointment as Instructor in Psychology in the Department of Psychiatry of Harvard Medical School and staff psychologist providing individual, family and group therapy at the Gunderson Residence and the Adult Borderline Center Outpatient Clinic at McLean Hospital.

D. Bradford Reich, M.D.**Staff Psychiatrist**

Dr. Reich received his B.A. from Columbia College and M.D. from Yale medical School. After completing his psychiatric residency at Yale, he came to McLean in 1990 to pursue his interest in personality disorders. Dr. Reich has held multiple clinical positions at McLean. From 1990-91, he was a psychiatrist-in-charge in the Adolescent and Family Treatment Unit and in the Affective Disorders Program. Then, from 1991-1993, he was a psychiatrist-in-charge in the Psychosis Program. Finally, from 1994-2007, he was a psychiatrist-in-charge in the Trauma and Dissociative Disorders Program. In addition to his clinical work, Dr. Reich has worked as a researcher in the Laboratory of Adult Development at McLean Hospital since 1992. He has a longstanding interest in PTSD and borderline personality disorder and has published several studies examining the childhood antecedents of borderline personality disorder and the effectiveness of lamotrigine in treating borderline personality disorder. He has also published a study examining the effectiveness of risperidone in treating PTSD associated with childhood trauma. Dr. Reich's current research focuses on affective instability in borderline personality disorder and on delineating the boundaries between bipolar disorder and borderline personality disorder

Hyo-Jin Kim, Ph.D.**Psychologist**

Dr. Kim received her Ph.D. in clinical psychology from Boston University where she extensively trained in the assessment and treatment of anxiety disorders at the Center for Anxiety and Related Disorders. She completed her pre- and post-doctoral training at McLean Hospital's Behavioral Health Partial Program, focusing on the treatment of adult clients with severe Axis I and Axis II disorders using Dr. Edmund Neuhaus' Flexible CBT Approach. She continued as a staff psychologist at McLean Hospital leading CBT-based group treatments and overseeing the care of clients as a case manager. She also worked briefly as staff

psychologist at the Gunderson Residence. Her clinical training has been primarily in Cognitive Behavioral Therapy (CBT) for patients suffering from mood, anxiety, and personality disorders. Dr. Kim's research focus has been on psychopathology and treatment outcome research for social anxiety, OCD, and compulsive hoarding.

Geoffrey Cohane, Ph.D.

Psychologist

Dr. Geoffrey Cohane received his B.A. in psychology from Williams College and his Ph.D. in clinical psychology from Clark University. He completed both his pre and postdoctoral fellowships at McLean Hospital where he focused on cognitive-behavioral therapy for mood, anxiety, personality, and eating disorders. Currently, Dr. Cohane maintains both a half-time appointment at McLean where he runs psychotherapy groups and supervises trainees, and a position as an Instructor in Psychology at Harvard Medical School. Additionally, Dr Cohane runs a successful private practice in Concord, MA where he sees both adolescents and adults with a wide range of difficulties.

John Gunderson, M.D.

Professor of Psychiatry at Harvard Medical School Director of the Borderline Center's clinical, training, and research program at McLean Hospital

Dr. Gunderson is widely recognized as the "father" of the borderline diagnosis. His seminal studies on the diagnosis, families, psychodynamics, treatment and pathogenesis of borderline personality disorder helped transform the diagnosis from a psychoanalytic construct into an empirically validated and internationally recognized disorder. He has actively fostered the involvement of families as both collaborators and advocates. He chaired the DSM IV work group on personality disorders, and currently leads two major NIMH-funded studies on the longitudinal stability and family transmission of borderline personality disorders. He is actively involved in treating borderline patients using all modalities and brings this experience to bear in his talks and writing. His books on treatment have established standards of care that have been the primary resource for clinicians since 1984.

Anthony Bateman, M.D. FRCPsych

Consultant

Anthony Bateman is a Consultant Psychiatrist and Psychotherapist and Honorary Senior Lecturer at University College and Royal Free Medical Schools, Barnet, Enfield, and Haringey Mental Health NHS Trust, and St Ann's Hospital, London. In collaboration with Peter Fonagy he has developed Mentalization Based Treatment (MBT.) He organized and successfully completed randomized controlled trials of both day and outpatient MBT treatment of borderline personality disorder in the UK. He is now investigating the effective elements of treatment. In 2004, he authored the landmark book Psychotherapy for Borderline Personality Disorder: Mentalization Based Treatment. His influential body of writings and his gifts as a teacher have inspired a growing international community of devoted MBT therapists.

Joan Wheelis, M.D.

Consultant

Dr. Wheelis is an Assistant Clinical Professor at Harvard Medical School and teaches at the joint Massachusetts General Hospital/McLean Hospital Psychiatric Residency Program. Additionally, Dr. Wheelis is a Training and Supervising Analyst at the Boston Psychoanalytic Society and Institute. In 1997, Dr. Wheelis began training with Dr. Marsha Linehan at the University of Washington in Dialectical Behavioral Therapy and has been a DBT Trainer with Behavioral Tech, LLC since 2002. She is unique in having acquired excellence in both of what are often considered incompatible therapeutic approaches, i.e., behavioral therapy and psychoanalysis. In 1996, Joan Wheelis founded Two Brattle Center, a widely respected DBT program in Harvard Square, and served as its President and Medical Director until 2009.

Shauna Dowden, Ph.D.

Consultant

Dr. Shauna Dowden is currently in full-time private practice, specializing in BPD, chronic depression, bipolar illness, and PTSD. She received intensive DBT training with Marsha Linehan in 2002. More recently, she completed intensive training in Mentalization Based Treatment, which she uses in her role as a consultant at the Gunderson Residence of McLean Hospital, leading residential and outpatient MBT groups. She is an Instructor in Psychology at Harvard Medical School, supervising psychology interns and psychiatry residents in CBT and DBT treatment. She received her Ph.D. in clinical psychology from The University of Connecticut and completed her pre & post-doctoral training at McLean Hospital/Harvard Medical School. Her research has included the areas of BPD psychoeducation, health services delivery, anxiety, and parenting behavior/maternal warmth. She has been studying mindfulness for over two decades and integrates this practice into all aspects of her work, with a particular interest in addressing willingness for change and interpersonal awareness.