



A premier residential program fostering personal growth and self-reliance in women with borderline personality disorder (BPD).



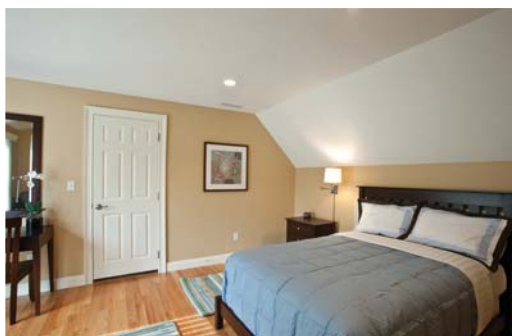
The Gunderson Residence is an exclusive treatment program for women with BPD or other complex personality disorders. The self-funded program offers highly structured, individualized treatment in a comfortable, supportive setting designed to foster self-reliance, independence and optimal functioning.

The residence is a program of the world-renowned McLean Hospital, Harvard Medical School's largest psychiatric affiliate. The private bedroom facility is named after John G. Gunderson, MD, a pioneer in the research and treatment of borderline personality disorder and a consultant to the new program. Dr. Gunderson played a key role in the development of the McLean Center for the Treatment of Borderline Personality Disorder.

Expert clinical care and psychiatric services are supplemented by the rich community resources for academic, occupational and social opportunities available in the greater Boston area.

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“The Gunderson Residence provides individualized, evidence-based treatment approaches.”
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About McLean Hospital

McLean Hospital is the largest psychiatric facility of Harvard Medical School, an affiliate of Massachusetts General Hospital and a member of Partners HealthCare.

Ranked first among the nation's freestanding psychiatric hospitals...U.S. News & World Report

The Gunderson Residence 115 Mill Street, Belmont, MA 02478 www.gundersonresidence.org

TREATMENT

The Gunderson Residence is a self-funded program with a minimum, 60-day length of stay for women with borderline personality disorder (BPD). It is an ideal venue for women who would benefit from the consistent support of treatment while working toward creating a more independent and self-reliant lifestyle.

Treatment integrates a number of evidence-based practices, including mentalization-based therapy (MBT) and other skills-based approaches, such as cognitive behavior therapy (CBT), dialectical behavior therapy (DBT) and psychoeducation (PE). This comprehensive approach provides patients with optimal tools for recovery.

Treatment Components

- Expert diagnostic evaluation.
- Individual, group and family therapy (MBT, CBT, DBT and PE).
- Medication consultations.
- Expressive therapy.
- Vocational and educational counseling for transitional support.
- Close coordination of care with referring clinicians and after-care providers.
- Voluntary opportunities to participate in research and clinical trials.
- Ongoing treatment reviews provided to patients and their families.

PROGRAM STAFF

The Gunderson Residence is led by Harvard Medical School faculty appointees and staffed by a multidisciplinary team trained in MBT, DBT and CBT. Treatment team members bring extensive experience and compassion to each patient's care.

LOCATION

The Gunderson Residence is located in Cambridge, Mass., in newly constructed town-homes conveniently located within three miles of McLean Hospital and Boston. Complimentary shuttle service to and from the hospital, as well as public transportation to sites in and around Boston, are steps from the program's front door.

FURTHER INFORMATION

Referrals to the program may be made by individuals or professional referrers. For more information about admission and referrals, please call our toll-free number at 888.657.5699 or e-mail Gundersonres@mclean.harvard.edu.