



McLean Hospital: Need to Know

ALCOHOL AND DRUG ABUSE TREATMENT PROGRAM

(Proctor House, First Floor, PH1):

- **Discharge time:** Noon
- **Hospitalwide length of stay:** Three to seven days.
- **The Alcohol and Drug Abuse Program** provides safe, medically supervised detoxification as well as treatment of patients with dual diagnoses.
- **Patient identification wristbands** must be worn at all times.
- **Visiting hours:** Until 9 pm when groups are not in session. Generally, children under the age of 14 are allowed to visit after discussion with the treatment team or nursing staff.
- **Nursing station phone number:** 617.855.2771.
- **Patient phone numbers:** 617.855.3126; 617.855.2369. All outgoing calls from McLean must be placed to unblocked lines. Family members should give the treatment team an unblocked number should they need to contact you.
- **Cell phones:** Not allowed nor are computers or pagers.
- **Photographic equipment:** Not allowed, including devices found on cell phones, watches, computers or other electronics.
- **Smoking:** The Alcohol and Drug Abuse Treatment Center is a smoke-free environment as cigarette smoking poses a major health risk. Clinical evidence supports the fact that smoking cessation during detoxification from alcohol or drugs can reduce the relapse potential from both chemicals. Smoking is not permitted on or off the unit during our patients' hospitalizations. Nicotine replacement therapy is available to all patients upon admission.
- **Family involvement** via contact with case managers and family meetings is encouraged when clinically appropriate. Family meetings generally take place on weekday afternoons.