



Thank you for your interest in the Schizophrenia and Bipolar Disorder Outpatient Research Clinic;

We look forward to the opportunity to serve you at McLean Hospital. Our clinic is staffed with psychiatrists experienced in the care of patients with bipolar disorder, schizophrenia, and related conditions. If you are interested in obtaining more information about our clinic, and seeing one of our physicians, please read this document first.

Our clinic is specifically designed for patients who are interested in obtaining expert care and also having access to research studies aimed at identifying the causes of and finding new treatments for bipolar disorder and schizophrenia. There is limited capacity in the clinic, and we may not be able to provide care for all individuals who are referred to us.

In order to contact the clinic, please call the Schizophrenia and Bipolar Disorder Program at (617) 855 2255. We will take some basic information from you over the phone, and one of our clinicians will call you to discuss whether we can be helpful to you. Following this, we will schedule an “intake” appointment. This appointment will be a consultation where the psychiatrist will review your history and make recommendations, which may include enrolling you in the clinic.

We provide psychopharmacology treatment in our clinic. In addition, we refer individuals for psychotherapy, group therapy, and other care at McLean Hospital and elsewhere as needed. We bill insurance providers for the services we provide but not for procedures that are part of a research study. For visits specifically related to research studies, neither the patient nor the insurance provider will be billed.



We will approach you regularly to see if you would be interested in participating in ongoing research studies. These studies may range from paper and pencil tests, genetics and brain imaging studies, to clinical trials for promising new treatments for your condition. Research studies are not treatment, and they will be clearly identified as research when we approach you to see if you are interested.

You are under no obligation to participate in any given study. However, our goal in this clinic is to provide care and carry out research. Therefore, you should not enroll in this clinic if you know you are not interested in participating in research studies. In addition, if you have not participated in research for a 6 month period, we will discuss this with you and evaluate whether this clinic is appropriate for you. If you and we do not feel that the available research studies are appropriate for you, we may refer you to another clinic to get care.

We hope that this description is useful to you. If you do come in for an intake appointment, your doctor will discuss these issues with you in more detail. Please feel free to ask any questions and make sure that you are comfortable with our system.

Best regards,

Schizophrenia and Bipolar Disorder Program Staff